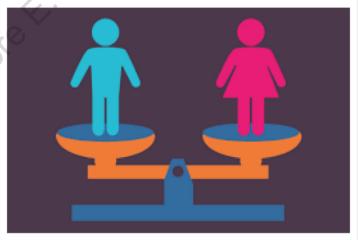
# PSYCHOLOGY'S ROLE IN MOVING TOWARDS EQUALITY FOR WOMEN

**PRESENTATION TO:** 

PSICOLOGIA PUCP EN LIMA, PERU APRIL 26, 2017

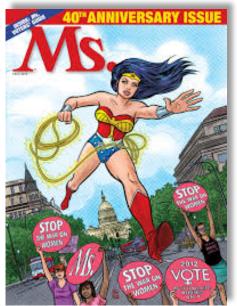


### DR. LENORE WALKER NOVA SOUTHEASTERN UNIVERSITY COLLEGE OF PSYCHOLOGY WALKERLE@NOVA.EDU

# 1960s



- Roles & Responsibilities Changing
- Protests Against Vietnam War
- New Women's Movement Born
  - NOW (1966) (Full equality home & work)
  - WEAL (Equal pay for equal work, credit)
  - Ms. Magazine & Gloria Steinem





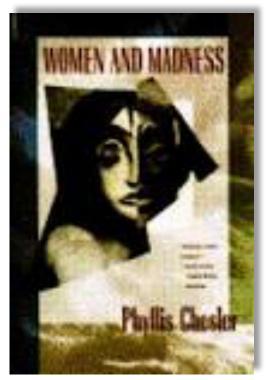
### 1970s

- 1969: Returned to Graduate School & Transmogrified!
- 1972: Phyllis Chesler Women & Madness
- 1972: Earned my Ed.D.
  - ERA passed by Congress but states didn't ratify it
  - Fought for women professors' equal rank & pay
  - Got credit card in my own name!

- 1974: Became Licensed & Joined APA & Div 35
- 1974: Identified as Feminist & Began BWS Research
- 1975: Traveled to England for Interviews
  - Time Magazine Cover "Man of the Year" to American Women
- 1975: Moved to Colorado
- 1977: Division 35 Conference in Denver-CWP
- 1979: ERA fails to get ratified by all states

# Chesler & Psychotherapy

- Exposed the use of psychotherapy & pills
  - Overused anti-anxiety drugs
- Slogans
  - Uppity Women Unite
  - What Do Women Want Anyway?
  - Personal is Political
- Freudian Psychotherapy Rejected
- Feminist Psychotherapy Developed
  - Equal power in authentic transparent relationship
  - Stressed Choices not following stereotypes



# Women & Work



- Access to all jobs based on ability not gender
- Access to higher education & job training
- Equal pay for equal work
  - \$0.77 to \$0.81 on the dollar
- Access to promotion & break glass ceiling
- Equal Rights Commission EEOC laws passed 1964
- 1991, Anita Hill's testimony against Justice Thomas clarified sexual harassment laws
- Psychologist Susan Fiske testified harm to women

#### Women Psychologists as Health Care Professionals



- Men in leadership positions even though more women in profession
  - Lowers the value of the work but research shows women more natural therapists
    - Warmth, empathy, relational qualities
  - Changing demographics in field
- APA dealt with issues in leadership positions
- Norine Johnson added Health care to APA mission when President
- Practice Directorate, CAPP & APAPO

# Child Care & Child Abuse

- Women's work has always been child care
- Psychology began to study men's ability to care for children
  - Harry Harlow's monkeys
- Men began to care more for children
- Women had been blamed for more child abuse but research showed more neglect.
  - But, women spend more time with children.
- Men more likely to physically & sexually abuse



### Gender Violence



- Six areas studied by psychologists
- Commonalities were abuse of power & control by men
  - 1. rape & sexual assault
  - 2. domestic violence
  - 3. child sexual abuse
  - 4. sexual exploitation
  - 5. sexual harassment & discrimination
  - 6. sex trafficking

### **Domestic Violence**

- **BWS & PTSD**
- Women who Kill in Self Defense
- Divorce & Custody Cases
- Trauma Psychology ©
- Work in the Jails
- STEP Program
- Sex Trafficking Survivors



### **Anti-Discrimination Issues**

- Faced psychological harm from discrimination and oppression
- Published research
- Testified in court cases
- Submitted Amicus Briefs In support of findings
- Gender, Ethnic, Religion, Culture, LGBTQ & Gender Non Conforming People

### Control of Bodies, Health Care, & Reproductive Rights

- Research on no Post Abortion Syndrome
- Women & Teenagers Capable of Decisions
- Testimony Fought for Judicial By-Pass for Teen
- Equality If pay for Viagra then pay for termination of unintended pregnancy
- New reproductive technologies research
- What to do with fertilized gametes when couples separate or divorce?
  - Definition of when does life begin important legally.



### What Next?

- Women & Men still not equal in U.S., Peru, or around the world?
- Why not?
- Psychology's job to find & analyze the obstacles
  - Religion
  - Sex Role Stereotypy
- The University's role is not to stop research in the difficult topics and encourage the next generations to move us forward!

